Tottenhall Infant School

<u>Issue:</u> Spring 1 Friday 31st January 2025









Hello from Zaheen,

We have started the spring term with great enthusiasm and energy. It has been heart-warming to see the children settle back quickly and demonstrate independence in their learning. Their eagerness to engage with new challenges and their positive attitude towards their learning is so rewarding for staff, and as parents you should be very proud.

Please read the information on absences and term time leave carefully.

Please note that the school office is currently closed until 8.00am. If you need to reach the school to report an absence or have a query, we kindly ask you to call the office



after 8.00am or send an email. Thank you

On Line Safety Tip



Don't give anyone your password, name, address, the name of your school or any information about your family.



ECOSTPE

Buy Fewer Clothes

Value what you buy. Buy clothes you know you will wear many times because they look good and fit well. The energy-intensive production, transportation, and packaging of all these garments generates nearly 10 percent of global carbon dioxide emissions.















IMPORTANT NOTICE

Please do not park cars across the drives of homes near school. This is causing significant inconvenience and distress to residents.





We will be starting our Toddler Library
Group next half term. Some of you may have
already received a letter with further
details. If you have a child between the
ages of 1 and 3 (not attending nursery and
currently have an older child attending
Tottenhall school) and are interested please
fill the reply slip. Then hand it in to your
child's class teacher.

The sessions are ran by our Early Years
Leader Nicola.

Term Time Leave of Absence

Taking your child out of school during term-time.

Sometimes parents and carers ask if their child can take time off during the school term. In line with Government and Local Authority guidance we ask that students do not take any time off when they should be at school other than for unavoidable reasons like sickness, bereavement or medical appointments.

If a parent or carer still feels there is a good reason for taking their child out of school, they must complete a 'Request for Absence' form which is available from the School Office. Please hand this in as soon as you think you may need to travel. Please be aware we will ask for information and evidence as to why the trip needs to happen during school time.

School may feel the reasons for the trip should not mean that the student should be absent from school, this will be discussed with the parent or carer. We will ask that you change your plans, if you do not the absence will be recorded as unauthorised.

We will issue you with a Penalty Notice Warning letter as parents and carers are required by law to ensure their child attends school on a regular basis. This lets you know that on your child's return to school if you do not present information and evidence to further explain why the trip had to be taken in school time it is likely the school will apply for a Penalty Notice from the Local Authority, in our case the London Borough of Enfield.

Please remember that although you may feel you had no choice to travel that may not be the opinion of the school. A Penalty Notice is an out of court settlement which is intended to change parental behaviour without the need for a criminal prosecution. It is a fine which if paid early reduces in cost. If you are issued with a Penalty Notice Warning Letter the amount of the possible fine will be included in that letter.

ECO COMMITTEE



Last week, we participated in the voting process to select our eco member for each class. I am pleased to announce that we have now established our eco committee. This committee has a very important role to play in working with the school community to develop an action plan addressing environmental issues that we can contribute to.

It is essential that we all support and collaborate with the eco committee in their initiatives to make our school a more environmentally friendly place. By working together, we can make a positive impact on our environment and create a better future for all.



Sariah- Year 2



Daniyal - Year 1



Boris-Reception



Raiell - Year 2



Mara- Year 1



Ronak - Reception



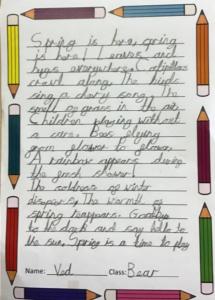
Children in Key Stage 1 had a wonderful experience during the workshops conducted by Conductive Music. They had the opportunity to create music using electrical circuits.

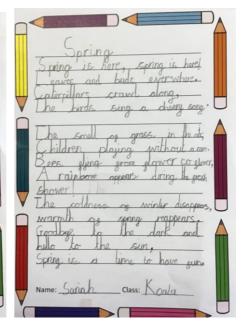






Last week we took part in a handwriting competition for National Handwriting Day. We were thrilled to see so many fantastic entries showcasing beautiful handwriting skills. We had a tough time deciding, but in the end, we managed to select a few winners who truly stood out.







We have welcomed our new group of younger children in our nursery this term. They have settled in very well and are accessing their new learning and environment independently.

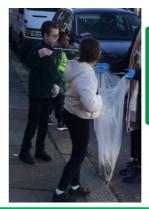






This week we had the wonderful opportunity to join a litter pick with the Eco Warriors from Saint Michael at Bowes School. It was a rewarding experience to come together and contribute to keeping our local environment clean and litter-free.













FEBRUARY HALF-TERM 2025 Information

In this fantastic 5-day Holiday Science Activity Camp, your children will enjoy lots of premium fun, educational, hands-on, science activities and special demonstrations with take home experiments (see below) - across Chemistry, Biology and Physics.

Dates: Mon 17 - Fri 21 Feb 2025 (5 days)

Open to Children: Ages 5-12 Years (only)

Venues: Across London (look right>)

• Times: 9am - 3:30pm (6.5hrs).

Earliest drop off 8:30am; latest collection 4pm

Day Places: Limited day-places available to book online

Science Investigators! - New for 2025

Day 1> Fabulous Forces!

Fizz, Bang, Boom! Ready, Steady, Go! Cool Car Friction! Day 2> Living It Up

Brilliant Bodies! Super Slime!

Heart Beat!

Day 3> Super Structures

Strong House! Marble Maze Run! **Tallest Tower** Investigation!

Day 4> Magic Materials

Tough Ropes! Clean Water!

Insulation Inquisition!

Day 5> Journeys! **Neuron Networks!**

Chunnel Games! Air Journey!

Ready, Set, Stretch!

and many, many more cool science demonstrations, experiments, games and quizzes!...

VENUES Serving

NW London

- Barnet
- Brent
- Camden
- Ealing Harrow
- Hillingdon
- Westminster

NW London

- City of London
 - Enfield
 - Haringey
- Islington Tower Hamlets
- Waltham Forest

SW London

- Kensington
- Hammersmith and Fulham
 - Hounslow
 - Kingston
 - Merton
 - Richmond Sutton
- Wandsworth

See online for full list ...

Google Say "Mother Nature Science Camp" 🦺

Book online at: www.mnature.co.uk

Or call us today:

020 8863 8832

Also, Booking Online Now:

April Easter Holiday Science Activity Camp -Brilliant Biology!



May-June Half-Term Holiday Science Activity Camp -Weird Science!



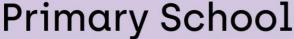
Did You Know? we also do THE BEST

BIRTHDAY PART

EVER!

FREE half term cycle training sessions for children

Session will take place between 17 - 21 Feb 2025 at The Raglan





Scan the QR code for more info and to book









Staying Healthy

Illness

Feelings

Getting Help

A fun and interactive resource for learning about health



Games

Activities

Quizzes

www.healthforkids.co.uk

Psst! Parents!

As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

www.healthforkids.co.uk/enfield











Or call your School Health Service for confidential health advice and support

020 3988 7300

TIPS FOR FAMILIES



1 Encourage journalling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journalling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

(2) Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need.

Go for a walk, drive, or try some mindful colouring or baking together.

3 Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings. Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.

5 Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.

X

If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs.

Here4You.co.uk



TOP TIPS FOR **CHILDREN AND** YOUNG PEOPLE



1) Be curious about your emotions

You're fascinating! Take notice of your emotions and thoughts, either as they come up or maybe later on that day. You can use techniques like meditation or journalling to help you make sense of what is going on inside of you.



Our values are often what make us tick, so reflect on what really matters to you. Are you ambitious, funny, kind, creative? Similar to Riley, our beliefs can evolve as we grow older and have new life experiences. If you're feeling lost or confused, take a moment to think about what drives you. It may help you understand yourself better and make choices that feel right for you.

Feedback, feedback, feedback

Other people we know can often see things about us that we miss. Sometimes these can be areas for us to develop and sometimes they can be our strengths. Either way it's great to have a friend, family member or teacher that can help us with our blind spots

Get creative expressing yourself

Creativity can often help us express emotions and show parts of ourselves that are sometimes hidden. If you are feeling blue like Sadness, painting might help. If you are feeling bright and happy like Joy, song and dance could be the creative outlet for you. Whether it's painting, music, dance, drama or something else, find your creative outlet and share it with others.

If you're a young person struggling with any kind of mental health worries, reach out in a way that suits you. From speaking to someone or grabbing some info, to webchat or text, there's people ready and waiting to help & Here4You.co.uk



Free bike marking at Dr Bike

Throughout February we will be offering bike marking at all Dr Bike locations in the borough

Find your nearest one by scanning the QR code

journeys & places.

